

### 3 Bears and Some Redwoods - Advanced/Advanced Intermediate

Distance: 56.2 miles      Climb: 5,156 feet  
Start: Lake Merritt, Children's Fairyland Parking Lot

Dir	Street/Road	At	Go	Comments
S	Bellevue toward Grand Avenue	0.0	0.1	
L	Grand Avenue	0.1	0.1	
R	Bay Place	0.2	0.1	
C	27th Street	0.3	0.2	
R	Broadway	0.5	0.1	
L	29th Street	0.6	0.1	
R	Webster Street	0.7	1.2	
R	48th Street	1.9	0.1	
L	Shafter Avenue	2.0	0.8	
C	Keith Avenue	2.8	0.4	At College Avenue
L	Broadway	3.2	1.4	Climb
L	Freeway Overpass	4.6	0.1	
L	Caldecott Lane	4.7	0.2	
R	Tunnel Road	4.9	1.7	
C	Skyline Boulevard	6.6	1.5	
RG	Intersection with Grizzly Peak	8.1	0.0	Bathroom/water straight 400 feet
L	Grizzly Peak Boulevard	8.1	3.6	
RG	Steam Trains	11.7	0.0	Bathrooms and water
C	Grizzly Peak Boulevard	11.7	1.8	
R	Golf Course Road	13.5	1.0	
R	Shasta Road	14.5	0.3	
R	Wildcat Canyon Road	14.8	3.9	
C	Bear Creek Road	18.7	8.4	Cross San Pablo Dam Road
L	Alhambra Valley Road	27.1	2.7	
L	Castro Ranch Road	29.8	2.3	
L	San Pablo Dam Road	32.1	5.4	
C	Camino Pablo	37.5	2.4	
C	Moraga Way	39.9	4.5	
RG	Gas Station	44.4	0.0	
R	Canyon Road	44.4	1.8	
R	Pinehurst Road	46.2	4.0	
C	Shepherd Canyon Road	50.2	1.8	Regroup, cross Skyline, descend
C	Snake Road	52.0	0.2	Observe stop sign
L	Mountain Boulevard	52.2	0.2	
R	Park Boulevard	52.4	0.8	
R	Trestle Glen Road	53.2	1.9	
L	Lakeshore Avenue	55.1	0.3	
R	El Embarcadero	55.4	0.1	
L	Grand Avenue	55.5	0.5	
L	Bellevue Avenue	56.0	0.2	
F	Children's Fairyland Parking Lot	56.2		

L=left R=right C=continue BL=bear left BR=bear right RG=regroup X=cross

F				